



Well done to Harry, Kira, Rose, Valters, Kurtis and Kaycey for their successful applications in becoming Ashgate's first Well-being Ambassadors.

As part of our school council's focus this year we will be joining the Derbyshire & Derby City schools campaign in supporting children and young people's mental health.

At Ashgate we want to:

- Challenging stigma and discrimination.
- Learn how to stay mentally healthy.
- Understand more about mental ill health and how to support our friends.

**time to change
champion**
helping to end mental health discrimination

