

Wednesday 20th January 2021

PSHE

Feeling good

In this lesson, you will be talking about feelings and how people respond to them. You will meet Bobby and friends who will talk to you about how they feel and what they do when they feel different emotions. At the end you'll write a letter to one of Bobby's friends to help her feel better.

- 1) Watch the following video.

<https://classroom.thenational.academy/lessons/feeling-good-6hj64d>

- 2) **Year 1** Write a simple letter or draw some pictures to one of Bobby's friends to make them feel better.

Year 2 Write a letter to one of Bobby's friends to help her feel better.