

Thursday 21st January 2021

Design and Technology

Preparing a salad

Today the children will be preparing and making a salad from root vegetables.

The aim is to

- Follow the food hygiene rules.
- Use kitchen equipment safely.
- Assemble and combine ingredients.

For the following lesson choose which salad you are going to make with your child. You can use the attached ingredients or choose another one.

- 1) Go through the power point and discuss safety procedures and food hygiene.
- 2) Choose a salad to make with your child. Go through the instructions.
- 3) Make Your Own Salad: Follow the recipe by choosing the correct ingredients and equipment.
- 4) Take some pictures to show your teachers, and enjoy eating your salad!
- 5) Evaluation: Complete the Root Vegetable Evaluation Activity Sheet.