



March/April 2023 issue: Parents/Carers Flyer

Social communication and autism parent/carers support groups and courses

Does your child have a new diagnosis of autism? Do you need someone to talk to?

Make an appointment with a children's centre autism champion. These sessions will give you an opportunity to talk to someone about your child's diagnosis, your thoughts and feelings and where you might go for further support and help.

Contact your nearest participating children's centre for an appointment:

- Osmaston/Allenton children's centre: 60 Cockayne Street, DE24 8XB
[Tel: 01332 715620](tel:01332715620)
- Mackworth/Morley children's centre: Reigate Drive, DE22 4EQ
[Tel: 01332 208175](tel:01332208175)
- Becket children's centre: 35 Stockbrook Street, DE22 3WR
[Tel: 01332 640250](tel:01332640250)

Online forums and social media groups

These Facebook groups share information about events, news, groups and upcoming courses in the Derby area:

- Advocates for ADHD and ASD Derby, non-profit organisation
- Autism Derby Julie Fearn
- Derby city local offer, public service
- Derby SEND information advice and support service, public service
- Derbyshire autism support group, non-profit organisation
- Fun-abil8y service, non-profit organisation
- National autistic society Derby and district branch, non-profit organisation
- Parent carers together, community organisation
- Special needs circle east midlands, non-profit organisation
- Sunshine support, non-profit organisation
- Tegan's butterflies in paradise, community
- Umbrella Derby and Derbyshire
- Intensive interaction for parents.

Information and help online

- [National autistic society \(NAS\) discussion – forum](#)
- [NAS school exclusion helpline](#)
- [NAS education tribunal support line](#)
- [NAS transition support helpline](#)
- [NAS education advice line](#)
- [Contact helpline](#)
- [Thinking autism](#)

Courses online

- [Autism introduction](#) - **FREE**
A series of short videos created by the department of clinical psychology at the royal Derby hospital including, understanding autism, living with a child with ASD, understanding and supporting emotional regulation and sensory processing integration.
- [Understanding autism](#) National Autistic Society.
- [A range of 1 hour webinars](#) covering various topics including understanding masking, eating and autism, sensory processing and autism, managing anxiety as an autistic child.
- [Understanding behaviour through the autistic lens](#) available on demand.
- [Autism and behaviour](#)
- [The ability bridge](#) - a range of on demand training
- [Using visuals to support autistic children](#)
- [Social stories workshop](#)
- [Supporting autistic learners in the secondary school classroom](#)
- [Autism and anxiety](#) includes strategies and resources.
- [Intensive interaction](#) taster courses 10 March 2023, 21 April 2023, 19 May
- [Intensive interaction](#) full day workshop 17 March 2023

Information about local and regional training events

- <https://derbyandderbyshireemotionalhealthandwellbeing.uk/training-events/other-training/autism>
- <https://www.autisminformation.service.org.uk/parent-carer-training/>
- <https://www.autismeastmidlands.org.uk/training/training-courses>

Sensory processing training

- [Autism and sensory experience](#)
- [Understanding sensory input](#) Level 1 - **FREE**, Level 2 and 3 modulation, arousal, autism and sensory strategies with resources £50.

If any of the information is incorrect or you would like to include information about a course or support group for parents of children with social communication needs or autism please contact stepsadmin@derby.gov.uk.