





DERBY CITYSSP
SCHOOL SPORT PARTNERSHIP


DERBY COUNTY
Community Trust

**Summer Term
2019 Report**

Ashgate Primary School



The power of an active school...

In 2018-19 we have supported schools through...



Creating a culture of active, healthy learners

26 minutes of additional physical activity were added to the school day in our Active Schools.



Boosting learning and achievement

75% of staff reported pupils were better engaged in lessons after physical activity.



Ensuring the inclusion of all young people

10 special schools supported and SEND specific opportunities provided in **15** mainstream schools.



Building knowledge, skills and confidence

125 teachers mentored each year with all reporting improved confidence and/or competence.



Sharing good practice and high quality tools and resources

230 delegates at our Active Schools Conference inspired to create a culture of active, healthy learners.



Supporting staff with their health and wellbeing

100% of teachers increased their confidence in supporting mental health issues after attending our Mental Health First Aid course.



Developing life skills to improve health and wellbeing

54% of pupils increased their emotional health and wellbeing scores after being part of an Active School.



Tackling inactivity and improving physical literacy

11,000+ pupils were inspired to become active at **200+ events** and **580 children** enjoy taking part in weekly after school clubs.



Improving behaviour, concentration and readiness to learn

76% of pupils improved their physical development, supporting better handwriting and concentration in lessons.



Engaging families to advocate the importance being active and healthy

180 parents engaged in our Healthy Lifestyle workshops to encourage an increase in physical activity and healthy eating.



Changing attitudes towards health and wellbeing

968 adults regularly engaged in our physical activity and health programmes to support a whole family approach.



Promoting opportunities to lead an active, healthy lifestyle

600+ children participating in weekend and holiday programmes beyond the school environment.



Derby County Community Trust are the Official Charity of Derby County Football Club.

Registered Charity Number 1123520

As a charity working at the heart of the community, our mission is to use the power of Derby County Football Club to improve lives through sport, physical activity and education.

Across 2017 alone we invested £1.7 million into the community, allowing us to work regularly with 17000 participants ranging from the age of 3 to 98 at over 200 weekly sessions.

Our purpose across the community is to:

- Encourage participation and achievement in sport.
- Improve health and wellbeing by promoting positive lifestyle changes.
- Provide, enhance and influence education.
- Promote equality and diversity.
- Produce more leaders, coaches and volunteers.
- Govern the operations of DCCT efficiently and effectively.

Our work has recently seen Derby County named Community Club of the Year by the EFL.



Events Uptake

<u>Event</u>	<u>Date</u>	<u>Girls</u>	<u>Boys</u>	<u>Total</u>
Golf Plus	01/05/2019			
Primary Tri Golf	01/05/2019			
DCCT Y1/2 Football Festival	02/05/2019	5	5	10
Y5/6 High 5 Netball	07/05/2019			
Y3/4 Fitness is Fun (AM)	08/05/2019			
Y3/4 Fitness is Fun (PM)	08/05/2019			
Multi Sport Festival (AM)	09/05/2019			
Multi Sport Festival (PM)	09/05/2019			
Y1/2 Gymnastics	14/05/2019			
F/KS1 Fundamentals (AM)	15/05/2019			
F/KS1 Fundamentals (PM)	15/05/2019			
Football Plus	23/05/2019			
Y3/4 Futsal	23/05/2019			
Primary Quicksticks Hockey (AM)	04/06/2019			
Primary Quicksticks Hockey (PM)	04/06/2019			
Y3/4 Girls Football Festival	05/06/2019	11	0	11
Primary Quadkids Athletics	06/06/2019			
Year 5/6 Kwik Cricket (AM)	10/06/2019			
Year 5/6 Kwik Cricket (PM)	10/06/2019			
Year 5/6 Kwik Cricket (AM)	11/06/2019			
Year 5/6 Kwik Cricket (PM)	11/06/2019			
Primary Girls Kwik Cricket	12/06/2019			
Joy of Moving Festival (AM)	13/06/2019			
Joy of Moving Festival (PM)	13/06/2019			
Cricket Plus	14/06/2019			
Year 5/6 Kwik Cricket Finals	14/06/2019			
KS1 Fitness is Fun (AM)	18/06/2019			
KS1 Fitness is Fun (PM)	18/06/2019			
Tennis Plus	19/06/2019			
Year 5/6 Mini Tennis	19/06/2019			
Y3/4 Mini Tennis (AM)	20/06/2019			
Y3/4 Mini Tennis (PM)	20/06/2019			

Events Uptake

<u>Event</u>	<u>Date</u>	<u>Girls</u>	<u>Boys</u>	<u>Total</u>
Y5/6 Grass Track Cycling	25/06/2019			
KS1 Mini Games Festival (AM)	26/06/2019	10	3	13
KS1 Mini Games Festival (PM)	26/06/2019			
Primary Rounders (AM)	27/06/2019			
Primary Rounders (PM)	27/06/2019			
Athletics Plus	02/07/2019			
#ThisGirlCan Festival	02/07/2019	15	0	15
Primary Track and Field Athletics	11/07/2019	6	6	12
Y3/4 Kwik Cricket	16/07/2019			

Workshops Uptake

<u>Workshops</u>	<u>Date</u>	<u>Attended</u>
Outdoor and Adventurous (OAA)	17/05/2019	
Breakfast Briefing	22/05/2019	
Action Plan Writing Support	24/05/2019	
Active Learning Workshop	03/06/2019	
School Games Application Mark Support	07/06/2019	
2019-2020 Planning Support	12/07/2019	



Working with schools...

Supporting your school to develop an environment that enables all pupils to be active, healthy learners.

Core Affiliation Package

- PE & Sport Premium funding guidance and support
- Head Teacher updates
- Termly reports
- Governor training
- Health & Safety guidance
- Weekly e-bulletin
- Affiliation plan and logo

Enhanced Affiliation Package

- Audit and needs analysis
- PE & Sport Premium funding action plan writing support
- PE & Physical Activity Policy writing support
- Pupil fitness measurements
- Pupil mental well-being measures
- PTA support with fundraising

Affiliation Bolt-On Programmes

- Pupil fitness measurements
- PE & Sport Premium funding action plan writing support
- Kitemark application support
- School based holiday club





Working with staff...

Equipping staff with the knowledge, confidence and skills to ensure all pupils can thrive as active, healthy learners.

Core Affiliation Package

- Training workshops
- Annual conference
- Networking opportunities
- PE Coordinator support
- NQT training
- Premier League Primary Stars/ national initiatives

Enhanced Affiliation Package

- Active school day training
- Whole school INSET
- Mental health first aid training
- Active lunchtime training
- Teacher support
- Rammie's Daily Mile
- Winning Minds package
- Premier League Primary Stars

Affiliation Bolt-On Programmes

- Mentoring
- Teacher support
- Whole school INSETs
- Curriculum resources
- Level 5/6 Qualification
- Level 3 Qualification
- Physical Literacy programme
- Mental health first aid training





Working with pupils...

Inspiring and motivating all pupils to be active, healthy learners, through high quality events and programmes.

Core Affiliation Package

- Events calendar
- Primary Leadership conference
- Rammie's Daily Mile resource
- Child Weight Management pathway
- Choose 1:
- +Sport Move and Learn
- Resilient Rammie
- Rammie's Daily Mile resource
- Themed activity day

Enhanced Affiliation Package

- Lunchtime & after school club
- SEN lunchtime club and curriculum coaching
- Rammie's Healthy Heroes
- Winning Minds package
- +Sport Move and Learn
- Resilient Rammie
- Anti-bullying/ anti-racism workshop
- School sport festival
- Choose 2:
- FUNdamentals football
- FUNtastics
- Interschool challenge
- Choose 1:
- School Sport Council training
- Mini Leaders award
- Intra-competition challenges

Affiliation Bolt-On Programmes

- Lunchtime & after school club
- PPA coaching
- Premier League Reading Stars
- Matchday Maths
- Mini Sports Leaders Award
- Intra-competition challenges
- School Sport Council training
- Cluster level competitions
- School sport festival
- Winning Minds package
- Stadium tours
- Anti-bullying/ anti-racism workshop

How we've helped your pupils...

Derby City SSP Events

Summer Term 2019

Summary:

Pupils at Ashgate Primary School have taken part in events ran by Derby City School Sport Partnership during Summer Term.

Impact:

Broader experience of a range of sports and activities offered to pupils

Increased participation in inter school competitions

Pupils are motivated to be active and enjoy taking part in competitions and festivals

Primary PE & Sport Premium funding key indicator(s) (KI) this has supported:

- The engagement of all pupils in regular physical activity (KI 1)
- Broader experience of a range of sports and activities offered to all pupils (KI 4)
- Increased participation in competitive sport (KI 5)

Family Newsletter

Weekend and Holiday Coaching

Your kids can join us for Weekend Club or Holiday Coaching to keep them busy while they're off school. Weekend Club runs every week at Powerleague Soccerdome for kids from pre-Reception to Year 6, with six different time slots, and our popular holiday coaching courses for primary ages kids run in five different areas across Derbyshire: Powerleague Soccerdome, Derby Arena (Multi-Sports), Ripley Leisure Centre, Ripley Leisure Centre and Springfield Junior School (Multi-Sports).



A 12 month **FREE** programme full of games, exercise sessions and activities for children aged **5 - 17 years** to learn about leading a more active lifestyle and maintaining a healthy weight.

Fitness Yoga

Come and join us on **Monday evening 6 - 7pm** at Derby Arena for a low intensity class designed to improve strength and wellbeing whilst enjoying a thorough stretch and relaxation. **£3 per person (16+).**



Family Fitness

Fancy showing your kids how it's done? Come along to Derby Arena on **Wednesdays 5 - 6pm** to exercise with your child and get fit together. **£2 per person and free for families on Live IT.**

Zumba

Shake and shimmy yourself into your favourite outfit with Zumba on **Wednesdays at Littleover Community School**, available to children over the age of 11 with a paying adult. **£3 per person and £2 per under 18.**

EVERYBODY ACTIVE

An affordable timetable of exercise classes in Derby such as Zumba, Boxfit, Kettlebells and Legs Bums and Tums for **anyone over the age of 16. £50 per year, £25 if claiming JSA, ESA, DLA or pension.**

Active Minds

A friendly and welcoming way for women wishing to get more active! This class is designed for beginners and ideal for anyone suffering from mild anxiety or depression. **Mondays 10 - 11am at Whitecross House Community Room, DE1 3PL. FREE for first 8 weeks** followed by 50p per week thereafter.

For more information on our sessions please call **01332 416140** or visit **derbycountycommunitytrust.com**



DerbyCountyCommunityTrust



DCCTOfficial



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Breakfast Briefing

Pride Park Stadium, Pride Park, Derby, DE24 8XL
Tuesday 17th September, 8:30am - 10:30am

Join us for breakfast and to hear about all the exciting opportunities we've got planned for 2019-20. We'll share further information about our events calendar and support you to book in any programmes you'd like to access. We look forward to seeing you there.

To book your place visit derbycityssp.co.uk/calender

